



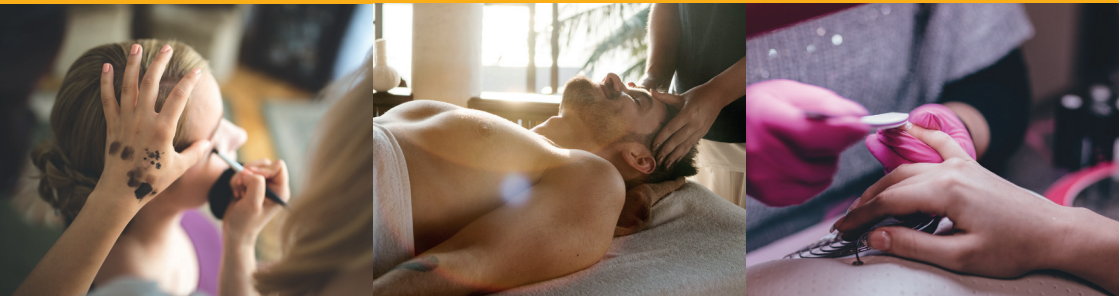
You
+

Confidence

+

Opportunities

Are you the partner or spouse of a service person or veteran looking to improve your opportunities, health and wellbeing?



Finchale Group

It's all positive



The Female Force programme has been co-designed and developed with input from spouses of both serving personnel and veterans; it is also delivered by spouses. It will focus on helping spouse/partner beneficiaries in the following areas:

- Increase knowledge of welfare services to reduce anxiety and stress.
- Improved access to/understanding of healthcare leading to improvements in physical and mental health.
- Improved positive attitudes, skills development, education and training.
- Build self-confidence and overcome social isolation through a range of social, relaxation and outdoor activities.
- Develop employability skills to strengthen work prospects.

Contact Finchale Group Veterans Services on:

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